

Event	Athlete	Record	Year
55-meter dash	Renee Addison	7.51	1984
60-yard dash	Renee Addison	7.53	1984
60-meter dash	Tammi Sonsalla	8.15	1987
200-meter dash	Krista Pettit	28.58	2009
300-yard dash	Deshay Addison	39.31	1986
400-meter dash	Desiree Orwig	1:03.31	1988
600-meter dash	Desiree Orwig	1:36.75	1987
800-meter run	Desiree Orwig	2:23.97	1988
1,000-meter run	Desiree Orwig	3:13.67	1988
3,000-meter run	Emily Eckman	11:38.94	2005
5,000-meter run	Kyra English	21:06.68	2011
1-mile run	Nicole Rogge	5:49.17	2011
55-meter hurdles	Jacqui Johnson	8.44	1985
60-yard hurdles	Jacqui Johnson	8.46	1985
60-meter hurdles	Desiree Orwig	8.62	1987
High jump	Kiki Allen; Na Onka Mixon	5-1.75	2002
Long jump	Kiki Allen	16-11.5	2005
Triple jump	Jen Freeman	32-6.5	1999
Shot put	Ashley Lyons	40-0.75	2011
Weight Throw	Jocelyn Torrez	29-10	1999
Pole Vault	Katie Burnett	7-10.5	2010
4x200-meter relay	"A"	2:01.20	1998
4x400-meter relay	Krista Pettit, Jessica Bixler, Melissa Wink, Katie Miller	4:32.16	2009
3,000-meter race walk	Katie Burnett	14:22.70	2011