

Event	Athlete	Record	Year
100-yard dash	Kathy Newell	12.00	1974
200-yard dash	Kathy Newell	27.53	1974
100-meter dash	Renee Addison	12.24	1985
200-meter dash	Deshay Addison	25.60	1985
400-meter dash	Renee Addison	55.76	1985
800-meter run	Desiree Orwig	2:19.13	1988
1,500-meter run	Pam Johnstone	4:56.60	1984
3,000-meter run	Pam Johnstone	10:53.30	1984
3,000-meter steeplechase	Tyne Crandell	11:56.65	2005
5,000-meter run	Pam Johnstone	18:59.00	1984
10,000-meter run	Tyne Crandell	44:05.26	2006
1-mile run	Pam Johnstone	5:37.19	1984
2-mile run	Pam Johnstone	11:27.10	1984
100-meter hurdles	Desiree Orwig	14.64	1988
400-meter hurdles	Desiree Orwig	1:02.00	1986
High jump	Kenyani Allen; Na Onka Mixon	5-5	2002; 2007
Long jump	Na Onka Mixon	18-9.75	2007
Triple jump	Na Onka Mixon	39-3.75	2006
Javelin	Katie Burnett	141-2	2011
Discus	Rachel Butler	135-4	2011
Shot put	Arlene Truss	56-5	1994
Hammer Throw	Rachel Butler	154-0	2011
Pole Vault	Katie Burnett	7-6	2010
Sprint medley	Angie Thompson, Jacqui Johnson, Deshay Addison, Renee Addison	1:50.50	1986
4x100-meter relay	Angie Thompson, Jacqui Johnson, Deshay Addison, Renee Addison	49.60	1986
4x200-meter relay	Angie Thompson, Jacqui Johnson, Deshay Addison, Renee Addison	1:48.42	1986
4x400-meter relay	Angie Thompson, Jacqui Johnson, Deshay Addison, Renee Addison	3:54.70	1985
4x800-meter relay	Darci Watt, Jodi Berman, Dove Morrow, Katie Baugh	10:13.00	2002
Distance Medley	Tyne Crandell, Jessica Carson, Ashley Burk, Kasey Kerr	14:02.65	2005
Heptathlon	Desiree Orwig	4,731 points	1988
Half Marathon	Valinn McReynolds	1:33:32	2006
Marathon	Valinn McReynolds	3:46:04.83	2006
5,000-meter race walk	Katie Burnett	23:51.83	2011