

AIAW NATIONAL CHAMPIONSHIPS

1980-81

AIAW TOP-TEN FINISHES

1973-74 (4th)

1974-75 (6th)

1975-76 (4th)

1979-80 (3rd)

AIAW IOWA STATE CHAMPIONSHIPS

1973-74

1974-75

1975-76

1976-77

1977-78

1979-80

1980-81

1981-82

AIAW REGIONAL CHAMPIONSHIPS

1973-74

1974-75

1975-76

1977-78

1979-80

1980-81

1981-82

IOWA CONFERENCE CHAMPIONSHIPS

1982-83 (Co-Champs)

1983-84

1984-85 (Co-Champs)

1985-86

1986-87

1987-88 (Co-Champs)

NCAA DIVISION III NATIONALS APPEARANCES

1983-84

1984-85

1985-86

1986-87

1987-88

NCAA DIVISION III REGIONAL CHAMPIONSHIPS

1985-86

1986-87

ALL-AMERICANS

1974-75	Jan Irby
1975-76	Susie Kudrna
1978-79	Glenda Pooock
1980-81	Becky King (1st Team)
1980-81	Rae White (2nd Team)
1981-82	Lori Myers (1st Team)
1981-82	Lori Busch (Honorable Mention)
1981-82	Rae White (Honorable Mention)
1982-83	Leslie Spencer (1st Team)
1985-86	Becky Inman (2nd Team)
1986-87	Becky Inman (1st Team)
1990-91	Nicki Baldwin (1st Team AWSF)
2008-09	Christa Subbert (Honorable Mention)
2009-10	Christa Subbert (Honorable Mention)
2010-11	Christa Subbert (Third Team)

ALL-IOWA CONFERENCE

1982-83	First Team Leslie Spencer (IIAC MVP)
1983-84	First Team Robin Rich Second Team Margaret Hearne Becky Inman
1984-85	First Team Robin Rich Second Team Becky Inman
1985-86	First Team Cindy McCarthy Becky Inman
1986-87	First Team Becky Inman (IIAC MVP)

1987-88	First Team Theresa Mastrogiovani Second Team Andrea Moore
1988-89	Second Team Veronica Viet
1989-90	First Team Nicki Baldwin Second Team Gina Sisk
1990-91	First Team Nicki Baldwin (IIAC MVP)
1991-92	Second Team Jill Burson
1992-93	Second Team Kristin Waterbeck
1993-94	First Team Jennifer Chambers
1994-95	First Team Jennifer Chambers
1995-96	Second Team Sue Spielbauer
1996-97	Second Team Sue Spielbauer
1999-2000	First Team Carey Hunt
2000-01	Second Team Wendy Lautner

*Penn moved to NAIA in 2001-2002

ALL-MIDWEST COLLEGIATE CONFERENCE

2001-02	First Team Kim Morrill
2002-03	First Team Christine Weingart
2003-04	First Team

Kristina McNew
Honorable Mention
Ciara Laboy
Christine Weingart

2004-05
First Team
Trista Kolder
Honorable Mention
Kari Boscaljon
Kristina McNew

2005-06
Honorable Mention
Angela Bourrage
April Love
Latasha Pendleton

2007-08
Honorable Mention
Carrie Parker
Christa Subbert

2008-09
First Team
Christa Subbert

2009-10
First Team
Christa Subbert

2010-11
First Team
Christa Subbert
Orielle Thomas
Honorable Mention
Samantha Darley

2011-12
First Team
Orielle Thomas
Honorable Mention
Katie Golomski (Newcomer of the Year)

COACH OF THE YEAR

1981 Bob Spencer (Stayfree National Coach of the Year)
1988 Garey Smith (Converse Central Region Coach of the Year)